

## **7 Mile Bridge Race 2025**

**PRINT A COPY OF THIS AND BRING A COPY TO THE RACE ON SATURDAY**

**TIMES: SATURDAY APRIL 5TH AT 5:15AM MEETING AT THE FLORIDA KEYS ELECTRIC Co op.** For volunteers we will have coffee and donuts at the parking lot at 5:15am . T shirts will be passed out that morning. Don't forget to charge your batteries the night before. Bridge closes from 6am to 9am. Radio

**Check 7:00am +or-.**

TRANSPORTATION. Be ready to roll at 5:15am as follows:

Max's car- Max , Steve

Eddy's truck Eddy ,Molly,

Greg's car – Greg, Kaleah

Pete's Jeep- Pete, Jerry, Marlisa, Tom

Trich's car – Trich, Ted & Dee

Michael will come from Key West on his motorcycle

### **YOUR STATION IS YOUR MILE MARKER ON THE BRIDGE**

Know what MM location you are at. The race starts at MM 40. The finish line is MM 46.8 A list of locations

of communications volunteers will and MM will be passed out on Saturday morning with the shirts,

### **COMMUNICATIONS 7 FREQ'S**

Contact between our Ham radios and officials will be via County FM Repeater Network or his call is COMMAND CENTER and he will be located on the Hump. Pete Worthington will be at Mile 3.75 . Pete's cell is 305-394-0499. Everyone else your call is your mile marker on the bridge. SPEAK CLEARLY with BREVITY. For those with only Cell Phones.

Primary frequency is 442.400 +5 pl 94.8 – test your radio in advance. We will conduct a radio test around

7am. Pete "COMMAND CENTER" will attempt to have a radio check starting at the West end working East on Primary Frequency FM Linked Repeater Network.

### **WHAT TO REPORT**

If you see a runner that you think must have medical assistance, give your call (only your Mile Marker

number) for example: This is mile 42.5 over and the runner's number, if visible. Give a brief description of

the problem. In the case of EXTREME EMERGENCY CALL 911 AND GIVE YOUR MM POSITION ON BRIDGE. Pete in in contact with the paramedics on the bridge so anything Not extreme call Pete at 305-394-0499 . If you know the runner is not breathing, give that info. Stand by for queries from medical personnel. Be careful not to over-do the reporting or runner problems. The medics cannot come to the aid of every tired or cramped up person. Save your calls for the worst cases! Normally, the emergency van will come to the aid of a downed runner. Then the decision will be made whether to call the ambulance. Also report first and last runners. NO CHATTING on the Radio.

**AFTER RACE: Arrange transportation off the bridge with who brought you out on the bridge or catch the first West bound School Bus available and ride it back. If you use any other transportation tell KD4BJM. Any questions call Pete cell 305-394-0499.**

There will be a Thank You party for the volunteer workers/officials the party will be held at the Florida Keys

Aquarium on Sunday from 5 to 7pm. It's free if you wear your race T Shirt. Cash bar, except for FREE BEER till it runs out!

Contact Pete Worthington cell 305-394-0499 or via email at PWORTHY@MSN.COM.

Thanks for helping. See you Saturday April 5th at 5:15am.

#### **SUGGESTIONS:**

- **Consider taking dark glasses, rain gear if needed and binoculars.**
- **Consider taking ¼ or 5/8-wave antenna, extra battery. Hold antenna vertically.**
- **Wear your ham name tag and race shirt,**
- **If windy, shield your mike with your body and jacket when you transmit.**
- **Charge and check you 440.00 rig and cell phone the night before!**

Thanks for helping. See you Saturday April 5th at 5:15am